



VILLAGE OF RIDGEWOOD

131 N. MAPLE AVENUE, RIDGEWOOD, NJ 07450

Ridgewood Stigma-Free Meeting Agenda February 17, 2026

1. Welcome & Approval of Minutes (Danielle Caputo)
2. Recap of Events (Danielle Caputo):
 - a. Health exhibited at 2 HILT meetings and 2 Parks and Recreation Programs
 - b. January 23, 2026 - Access and Stigma-Free Meeting
 - c. February 17, 2026 - Your Medicine Cabinet
3. Village Council Report (Siobhan Winograd)
4. Megan Murphy and Collaboration with the Access Committee
5. Collaboration with The Valley Hospital for May 2026
6. Committee News and Upcoming Health Events:
 - a. February 20, 2026 - Free Blood Pressure Clinic
 - b. February 27, 2026 - Sleep Rescue: Secrets to Restful, Restorative Sleep – Program with Angela Goldman
 - c. February 27, 2026 – Youth Mental Health First Aid Training – County Event
 - d. March 11, 2026 – Adult Mental Health First Aid Training – County Event
 - e. March 12, 2026 - Healing Hands (Virtual) – Program with Valley
 - f. March 13, 2026 - Bergen County’s Annual Stigma-Free Sticker Contest
 - g. March 26, 2026 – The Gary Letizia Blood Drive
 - h. March 26, 2026 - Ten Things You Should Know About Colon Cancer (Virtual) – Program with Valley
 - i. April 21, 2026 and June 16, 2026 - Next Committee Meetings

Next meeting April 21, 2026 at 3:00 pm via Zoom.